

April, the month commonly associated with Spring, has its origin in Latin - to open and blossom. Fitting in this time of change and challenge, the need to be open to new ideas and new ways to exist!

Mostly, the best in humanity becomes apparent, as evidenced by the creativity, support and love that abounds. VOI's Staff and Volunteers have risen to the occasion through their interminable commitment to our mission to ensure victims get compassionate support, information and resources to help them recover and heal - while wearing masks!

We also witness the worst in people. Beware of attempts at scams through robocalls, texts and emails promising COVID cures or fast stimulus payments, for example.

April is a month to recognize a number of causes through National Awareness, including Child Abuse Prevention Month. This article (from CNN, "Reducing Child Abuse During a Pandemic") offers good and important information that is relevant to all of us who have children in our lives. The article offers tips on how to talk with your child about social distancing and address their fears.

The author gives tips for coping with the changes we are all experiencing and ideas for maintaining social connections.

Be well and be safe. Our newest mantra - We will get through this! April is Child Abuse Prevention Month, a perfect time to raise awareness and take actions to support children and create experiences that will help them understand, grow, and be resilient in this unprecedented time.

